

Abstract

Title: Quality of physical training for children integrated into elementary schools in the region of Hradec Králové.

Objectives: The main goal of this paper is determining and evaluating the quality of physical training for children integrated into elementary schools in the region of Hradec Králové.

Methods: The research was done using questionnaires. The main topics covered by the questionnaires were the inclusion of children into physical training classes, accessibility of school facilities, equipment for PT classes and the content of the PT classes and the education of teachers in the field of special education and applied physical training.

The questionnaire was sent to PT teachers at regular elementary schools, at which disabled pupils are integrated.

Results: In the paper we discovered flaws in the integration into PT classes that are caused by incorrect function of individual factors influencing the physical training of disabled pupils. These are mainly lack of knowledge of improper exercises and contra-indication for pupils, insufficient education of teachers and incompliance with legal regulations at regular elementary schools in the region of Hradec Králové.

Keywords: integration, health insurance, physical training, applied physical training, assistive devices, sport.